An easy to understand guide to learning Palmistry and to develop one's own psychic ability.

Everyones Guide to Palmistry

Fun to read and fun to learn by one of Britain's leading Clairvoyants

Jon
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Chapter One

INTRODUCTION
Strange things can happen to a bloke in my profession. I have learnt over the years, not to mention that I’m a Medium, especially when I’m out in the local pub. This can lead to a few problems...I either get someone wanting to speak to dearly departed Auntie Doris, and are then rather upset, when I explain that maybe a crowded pub, is not quite the place, and after all I’m not at work anyway. Or people around me quickly disappear leaving me wondering whether I have B.O. or not. Perhaps they imagine that I’m going to conjure up evil happenings, or have a quick transfiguration into Atilla the Hun! Whatever the reason I try and keep my profession to myself, which in turn keeps me socially acceptable and ensures a good night out.

However this urge to flee from me does not occur when on the rare occasion folk find out that I am also a Palmist. Oh No! Quite the opposite occurs....all of a sudden I find a few dozen hands ranging from the delicate to the downright mucky stuck up my nose, all demanding to know how long they’re going to live, how many children they’ve got or going to have, and what their love life is going to be like.

Again I have to explain that I’m not at work and after all I’m not going to ask someone present who may be a cobbler, to repair my shoes there and then.

Mind you I have been tempted, when confronted with the hand of a pretty nymphomaniac, to tell them that they’re going to fall head over in heels in love with a balding, bearded middle aged man, about 5’6”, wears spectacles and maybe standing not very far away from them!

Being truly professional though, I always manage to overcome the temptation ( sometimes being a goody two shoes like me, has it’s downside ).

Anyway, all I’m trying to say, is that of all the methods of divination there are, for some reason Palmistry is very well received in all walks of life. Maybe it’s because we all have a hand and therefore find nothing scary about it, I don’t know, but whatever the reason is, Palmistry can be a wonderful tool to win friends and influence people!

Most methods of divination, such as Palmistry, Tarot, Runes etc. can be learnt and can be a very accurate way of telling a persons character and where they will go in life. In themselves though, they are only an aid to clairvoyance.

With Palmistry for instance, you can be looking at lets say someone’s marriage lines, and for example two lines are indicated. You can safely suggest that two major loves are indicated in that persons life. However there are NO lines that tell you what type and description of person they will love....this is down to Clairvoyant ability.

In saying that though, these aids can and usually do, develop a persons natural clairvoyant capabilities. This is particularly so with Palmistry. With the more hands you read, you will find your interpretations of that line may alter slightly from person to person and additional thoughts about the person will begin to filter through. This process is your own natural clairvoyance beginning to develop. It only comes though through experience, and the reading of plenty of hands !

In many ways reading the lines on a hand is probably the best way of developing clairvoyance, after all the hand is the nearest thing you’ve got to a person.
As you hold their hand a psychic link is also formed, which with experience will begin to develop strongly.

In fact of all the methods of divination that I am adept in, Palmistry is my favourite. I can be reading a line as per the book when I begin to get pictures in my mind about the person. Nothing to do with the line, that’s a separate issue, but by having hold of their hand the psychic link is there. I can then maybe expand on the lines meaning to themselves, with the clairvoyant pictures in my mind.

Often I can be telling them of some event in their life that is a separate issue altogether from the line. This is Clairvoyance occurring and in my opinion the palm is certainly number one to foster such happenings.

All of us are psychic to some degree. A little like the ability to draw. All of us can draw, some of us only matchstick men, whilst others can paint and draw maybe like Constable or Rembrandt. As with drawing however we can with patience and time learn to draw better, and it’s like that with psychic ability. The more practice you get the better you become. Anyway that’s another story, but suffice to say Palmistry will enable you to develop your own psychic ability without you really trying.....the more hands you read the more your psychic ability will develop naturally.

Enough of me rabbeting on about clairvoyance, as they say in my neck of the woods “we’d better get down to brass tacks ”. The purpose of this book is not to get too deep into clairvoyance, but to allow you to be familiar with your hand and other peoples too.....so onward my merry reader.
Chapter Two

THE BASICS

Since virtually man became man, those things at the end of our arms have held fascination for us. Just imagine the things you can do with them (behave yourselves, let have none of that type of imagination). If you think about it our hands really do just about everything for us, and if you didn’t have them, just think how difficult life could be. No wonder they say our life is in our hands...it is!

Even the Bible has passages that refer to palmistry as indication of what’s likely to befall us. To quote but just two:

*Jobe 37.7*

and God placed signs and marks on the hands of all the sons of men, so that all men might know their works.

*Proverbs 3.16*

Length of days is in her right hand and on her left hand riches and honour.

Palmistry is practised in virtually every country of the world and the way of reading the lines doesn’t differ too much from culture to culture. Some cultures do pay more attention to certain parts of the hand more than others, but in the main there are not many variations. For the purpose of this book I have stuck to the traditional way.

A question frequently asked is what hand does one read or do you read both. Most peoples left and right hand will differ in their markings, this is because in the case of a right handed person, the left hand gives you the talents you were born with, whilst the right hand tells you what you will make of them. In theory then, the right hand tells you your future and will be the one that most palmists read. *If you are left handed the reverse applies.*

Although the main lines are there at birth and remain much the same throughout life, other lines will appear as the child reaches maturity. Even then, as life progresses some of the minor lines can come and go!

A palm reading should only be given to someone from the age of 15+, as it is around this age, most lines will have reached maturity.
Now there are one or two clever dickies about who are ambidextrous..what do you do then ? Tell them to clear off, that’s what you do. I’m only kidding, try and ascertain which hand they prefer to write with or hold their fork with, then commence to use that hand as the one to read.

In reading another’s palm first of all get them to present their hand to you with the back of the hand facing you. What does this tell us ?.....in actual fact it tells us quite a bit:

If you notice all the fingers touching or very close to each other, then you can bet your bottom dollar that this person is one who will keep matters close to their chest. In many ways only they will know themselves ; others can often think of them as a person who keeps themselves to themselves. They are the type of person to keep a confidence and therefore usually make for a trusted friend. Often though, they will be like an ‘ivory tower’ and don’t seek help for their own problems, preferring to sort it out by their own initiative.

Apt to get on in life, but they are likely also to suffer from the stresses of modern day living.

Should a hand have most of the fingers together but with the little finger apart, much the same as above applies, except here you have someone who is likely, quite out the blue, to go and do something quite outrageous now and again ! With no warning and often against the run of things, they can be apt to take a chance on something, switch to a new job or suddenly move house, maybe with no justification for doing so, except that they felt like it at the time. Consequently they can make a few momentous errors here and there !

In some ways however, it can be a good thing, because maybe it’s their way of releasing pent up tensions.

With all the fingers open and away from each other, this person is probably someone whose life is somewhat of an open book. A hail fellow well met type, who usually mixes well with all those he comes in contact with and treats others as they treat him. In many ways an average type of fellow, taking the good and bad of life in his stride and seeking help where necessary.

Now, with the back of the hand still facing you, you can then tell more of their character by noting the hands shape.
Chapter Three

THE SHAPES.

On the following pages you will find diagrams, of what are regarded by most Palmists, as the seven shapes that are to be found in modern man. We’ll take each in turn:

The Elemental (fig.1)

The outstanding features of such a hand are a large palm with short fingers.

In the western world such a hand is quite rare, and as the centuries roll on, will probably disappear; for this is the hand of the peasant or serf. In centuries past, these people evolved as a type who won their living by hard and rough labour. They may be described as superstitious and narrow minded, but on occasion can produce great leaders. History as shown that leaders of peasant and religious uprisings, have such a hand.

In modern times however, this person will be one who is not easily swayed, has firm convictions and toils hard for a living.

Attributes include: Firmness, faithfulness, ardour, industrious and a hot temper.

The Spatulate (fig.2)

This hand is usually large and broad with blunt thick fingers, broad at the tips. The digits are usually long.

Although maybe not renowned for great thought, this person is the person of action.

Someone who has to be on the go, often working for the good of others. They can be intolerant of convention and are usually original in thought; women of this type are often endowed with above average intuition.

Main attributes of this hand: Sincerity, firmness, ardour, boldness, amiability, activity, amorousness (ooooh), self indulgence and cunning!

The Conical (fig.3)

The person possessing this hand is apt to be emotional or temperamental - impetuous, impulsive and exuberant.

The ability to appreciate all things that are beautiful, (no matter what guise it is in) is well developed. This person may not be musical as such themselves, but are usually sensitive to the stimulus obtained by music. Somewhat moody at times, but these moods are usually short in duration. It can be said they are apt to be a little depressive, but overall possesses a relative optimistic nature.

Not too hot on original thought, they can also be swayed by opinions of those around them.

Main attributes include: ambition, kindness, egotism, activity, vanity, extravagance, courage, jealousy and passion!

The Square hand (fig.4)

A steady, matter of fact type of individual, it signifies someone who is a methodical, law abiding member of society.

Often not a person to rise to great heights on the intellectual side, however very often reap the rewards by sheer industry and perseverance. This hand can often be found in lawyers, teachers and politicians and usually makes for a good soldier in a career, but not too often the leader.

They are apt not to like change, and such suggestions can bring forth immediate and intense opposition. The man of this group can make a
The Shapes

Figure 1: Elemental
Figure 2: Spatulate
Figure 3: Conical
Figure 4: Square
Figure 5: Knotty
Figure 6: Pointed
Figure 7: Mixed
good husband, but is apt to take things too much for granted at times, without giving too many acts of love and devotion out.

Main attributes usually found are loyalty, moral strength, sincerity, austerity (harshness to you and I), sanguineness (oh no, not another long one....it means, can be cheerful...I think). Other attributes are uprightness, shrewdness, prudishness, neatness and truthfulness (sounds boring to me).

*The Knotty hand (fig.5).*

Usually belonging to the seeker of life’s truths, the hand is noticeable for its large joints and conical finger tips.

It denotes someone who has a materialistic type of mind, logical and systematic. Often they can accused of being somewhat ‘stand-offish’ and reserved. This attribute though is a little undeserved, for when in the company of like minded people, this reserve vanishes and they are only too pleased to discuss the philosophies of life.

A hard worker they are honest with themselves, as well as others. A person who keeps an open mind, though once arrived at an opinion through analysing and debate, will usually stick to that opinion.

In general maybe not the best of ‘mixers’, they can be somewhat introspective, but make for a good parent.

Main attributes include : Moral strength, intellectuality, firmness, sincerity, austerity, gentleness, prudence, courage, uprightness, shrewdness and musicalness.

*The Pointed Hand.*

Here is a person who appreciates beauty, both materialistic and of the mind. Usually, but not always, an artistic trait is well developed in music, prose or painting, and therefore can be creative and expressive.

However, they can be somewhat impractical and as a rule rather idealistic. Don’t expect this person to make vast fortunes.....in fact often when married to a person of like mind they will be ideally happy, but at times suffer poverty. A person to have the well being of his fellow man in mind, they are usually charitable and willing to help out in good works.

The main attributes of the pointed hand are amiability, gentleness, kindness, activity, extravagance, amorousness, brilliance, artistic and spiritual.

*The Mixed hand*

As the name suggests, a mixed hand contains a mixture of all the hands mentioned before. This person in many ways can be described as a ‘Jack of all trades’, with an adaptable mind and great versatility. Many inventors, engineers, research workers and the like, bear this hand. A person to benefit the community with their discoveries, but are unlikely to have any great financial profit from their endeavours.

Attributes assigned to this person, are really a mixture of what’s been mentioned in hands previous, and to ascertain the main ones, you have to look for any predominance of features in the hand, that are akin to ones already spoken of.

Before we move on to the lines, a few words must be said of the fingernails, for here we can foretell of a little to do with health. If you notice ridges running up the length of the nail, this is some indication of a proneness to minor heart problems at some stage in life. A nail that has small white spots contained within it, points towards a lack of vitamin C and therefore can render the person open to frequent colds and chills.
Chapter Four

THE LINES - Life, the Mind & Money

On the next page you will see a diagram of the hand, listing all the usual lines to be found. However do not expect that every hand carries a full set of lines, actually, such a hand would be very rare.

Are you ready now? Get your hands out of your pockets, (or wherever they may be) and whilst you refer to the diagram you can also check your own hand too. OK? Then, eyes down, look in!

We’ll start with a line that everyone does have, and if you haven’t, you’ve got real problems, because this is the

LIFE LINE.

This line starts between the thumb and first finger, goes down the palm approximately following the ball of the thumb and can actually curl right around the wrist. If it does go that far, then you’ll probably be in for a telegram from the queen. However the average life line will finish somewhere around the middle of the base of the thumb before it actually goes into the wrist itself.

Now we come to a matter that now and again puts professional palmists in conflict with each other. The question is “Does the length of your life line dictate how long you’re going to live?”

In answer, I’ll give you both points of view:

No, says one camp. The average length of life these days is around 78, so wherever the line begins, so does life and wherever it ends, is the age of 78. To ascertain the approximate length of life, then a palmist must examine the line itself. If it is good in depth, rich in colour and without any breaks, then you can add years to that 78.

A Hand (technical stuff this)

- A. life line
- B. double life line
- C. bracelets
- D. health line
- E. fate line
- F. success line
- G. intuition line
- H. travel lines
- I. head line
- J. heart line
- K. girdle of Venus
- L. marriage lines
On the other hand (not literally), if the line is pale in colour, broken in parts, not very strong and generally looks pathetic, then you have to knock a few years off the 78. Even then they say, it’s difficult to give an approximate length of life and shouldn’t really be entered in to.

So there we have the *sissies* point of view from the more hairy fairy type of palmist.

*The other theory is more traditional, and certainly more of a rooting tooting, lets get down to brass tacks, I’m a proper palmist, none fairy and none of your pussy footing around with me mate, theory, is as follows: ( guess which camp I’m in ? )*

We believe that the length of the line does dictate, an approximate length of life. If it finishes around the middle of the base of the thumb as most lines do, then you can expect an average length of life. If it follows on around the wrist, then you’ll have many more years before you meet your maker.

This theory though brings into question *breaks* ( see figures 8 & 9 ) in the line. Contrary to popular belief, breaks do not mean that you’ve had your chips, especially if it is an overlapping break.

Breaks indicate a period of bad health or accident, no more than that, and if the break does overlap then a speedy recovery is indicated and the illness will not affect later life..

If there is no overlap, just a gap, then the illness may affect general health in later years, or a condition that will have to be tolerated over the years to come, but certainly does NOT cause an early demise.

Your next question will probably be, “What about a short life line, the other camp answered that one quite nicely ”.

Well they would wouldn’t they ? Sissies are well known for being full of smarm, boot licking and falling over backwards not to offend.

In actual fact though, there are very few short life lines around. I have read thousands of hands over the years and can honestly say, I have only seen three or four people with a short line, and two of these had terminal illness which they already knew about.

However people can be fooled into thinking that the line is short, and this is where one of the major rules on palmistry comes in. *When reading a hand do not read it if it is stretched.*

If you do, you could miss many fainter lines. This is particularly so with the life line. Always make sure the palm is relaxed and in doing so a longer line may be revealed. Also, some so called short life lines, usually have a fainter line connecting it to *another* line, usually the Fate line. This will mean is, that the length of life line, carries on within the other line. ( see fig.10 )
Anyway there you have the two theories, make up your mind which you favour (I’m positive you’re not a sissy) and on we go.

On the hand there are many areas that are indicators towards health matters and we’ll take these in turn as we get to them.

One of these indications occurs around the Life line. On many palms you will notice fine multiple lines coming out from the base of the thumb and in some cases crossing the life line. Those that cross indicate a person who will usually at some point suffer nerve or anxiety troubles, the more spread they are along the life line, the longer they are likely to suffer these conditions. However if the lines do not cross, this points towards a person who has an abundance of energy.

The Double Life line. (fig 10a)

NO! You’re not going to live twice! All this means is that you are well protected against illness. You'll get illness, because everyone does, but you'll bounce back from things quickly. It is also an indication that in old age, you’ll be walking on the day you die: no wheel chairs for you! This line also affords added vitality, and will, if similar to the length of the life line, give vitality for most of your life. Should it be shorter, then that vitality is pro-rata.

Mind you (and not everyone knows this), the double life line also indicates a strong sexual appetite with strong sensual overtones... *oooh this sounds good.*

The Head line

The head line governs one or two things, especially it tells what type of mind you have (it’s to be hoped you have one of these). I suppose you can think of your head line much like a television antenna; in other words the longer it is, the more information you can pick up. So, if you only have short one and only goes half way across your palm, you can only get BBC1 and BBC2!

Seriously though, the longer it is, the more intelligent a person is likely to be, and therefore likely to be a quick thinker, with an ability to solve problems quickly. A pale line, shows a weakness towards headaches whereas a line with breaks in it, points towards indecision.

This line, in conjunction with other lines can also give some indication of financial status. *It can also tell me if you’re likely to gain a substantial sum of money from outside sources (a win, inheritance etc.)*.
To assertain this information, what you look for is a *six pointed star* (fig.11). with its centre directly at some point on the head line as indicated on the diagram below. If you *do* see one of these, make sure you get their lottery numbers off them & then *give me a ring* telling me *what the numbers are*!

As far as every day financial situations are concerned, if the line runs pretty much in parallel to the heart line then this indicates a little below average. If it gradually begins to widen away from the heart line towards the little finger side of the hand, this indicates average finances, if it widens to a great extent, above average finances are indicated and therefore provides a good marriage catch!

One other thing to mention about the head line ( and you won’t find this in other books ), is the probability of having a fork on it. (fig.12) If it does, then that person is very likely at some point in their life to be self employed ( and this is why you won’t find it in other books, *’cos experience has shown me this* ).
Chapter 5

THE LINES - Love & Leisure

Now the mundane things are out the way with, let's have a look at matters of the heart and all those things that make life worth the living.

THE HEART LINE.

The heart line starts at the little finger end and usually finishes in between the first and second finger. An important line this one, for it tells of your emotional nature and your sexual nature! (I thought that would make you sit up and take notice).

![Heart Line Image]  

**fig.13** 1. Balloons 2. Islands 3. Feathered

Look carefully at this line, and in some instances make sure you have a good light in which to examine it. What you are looking for anywhere along that line, are small circles (sometimes forming a chain effect) or large islands or balloon shapes, (**fig.13**) these indicate passion in one form or another!

If you see large balloon/island shape, this indicates that when you get under way, it's a weekends job! You've certainly got staying power....mind you, you may kill off one or two partners en route through physical exhaustion!

If you notice small circles, sometimes forming a chain effect....your motto should be 'little and often'. However, look at the beginning of the line to see if you can observe a feathered effect, with small lines coming into the heart line either side. If this is the case, then it shows you have quite an experimental nature! For the females among you who have this feathered effect give me a ring now, and I'll give you my address...I'm available every weekend!

In general, if the heart line is single and clear, a person will be noted for their kindly nature and thought for others. If it is deep then it indicates a deep emotional nature, but persons bearing this are likely to be tinged with a selfish streak.

Some lines may have branches and other lines coming from it. The more the lines, the more their affections will go out to others....in other words they are apt to 'bonk' around a bit!

A heart line that has another separate line (**fig.14**) dissecting it at some point (apart from the head or intuition lines doing so), nearly always indicates a large emotional upset. Depending on where that line is, you can then give some rough indication of when it will be. eg. If the line is approximately half way along then this indicates the upset will be around the age of 35-40. If you have two lines that dissect and are very close together...lucky you, for you are likely to get rid of one partner and have another waiting in the wings!
In some respects the next line we'll discuss is the sister to the heart line, for it is called:

**THE GIRDLE OF VENUS.**

You'll find it (if you have one) forming a semi circle covering the middle two fingers, close to the base of the aforementioned fingers. Not everyone has this line, and in some ways it's a good job they haven't and in other ways, it's a shame not to have it.

Venus, as we all know is the Goddess of Love, and this description in many ways fits this particular line. Usually the person is rather passionate, not only when in love, but usually about all they care about in life too. However if someone is going to play the field, or as some may say, a person of doubtful morals, then such a person more often than not has a Girdle of Venus! However it's presence does not, as a rule indicate immorality; so..... if your partner has one, don't worry..... well...don't worry much anyway. (Before you come and knock my door down, I'm only kidding...honest).

In the majority of those who do possesses this line, you will find them to be a highly sensitive and nervous subject. If the line is rather weak then an intensely nervous temperament usually goes along with it.

Still on the subject of emotions we'll move on to the

**MARRIAGE LINES (fig.16)**

In actual fact they should really be called Deep Affection Lines, for reasons I'll explain later. To find them you need to crook your little finger over and look around the side of your hand between the base of the little finger and the Heart Line. Count the number of lines appearing and this will tell you how many deep loves you are likely to encounter in your life.

Now to clarify matters before some of you get apoplexy. When man became man, marriage didn't exist and we still had similar lines as we have today. Also most of the books on palmistry were written in the Victorian era....in those days if you were living with someone and not married to them, officially you were somewhat frowned upon and treated as a none person. Therefore the scribes of the day, wrote their books accordingly.

Now in truth, you can be actually married to someone for say two or three years only, and then the marriage ends for whatever reason. Because it's only a short marriage it won't necessarily show as a so called marriage line at all! Yet you can live with someone for 5 years, 10 years, all your life, yet never be married to them, and this will show as a so called marriage line. That's why they should be called Deep Relationship or Affection Lines. On top of this though, we have other points to remember. If you're actually married to someone and are very
very much in love with them; it may be that they die after a few
months of marriage.....even though the marriage was short, the love
you felt could be with you for most of your life and would therefore
show as a line.

In fact you could conceivably meet someone for a brief period, fall
madly in love with them, never see them again, but 'hold a candle' for
them for many years, and this would also show as a line, whilst maybe
at the same time, be in love and married to someone else! You see how
complicated these lines can be.

Have a close look though at any of the 'marriage lines' and see if can
notice a fork on any of them. If you can, and you might want to keep
this to yourself, this means at some point you'll be running two at the
same time! Before this gets any more complicated I'd better move on
to the next line.

THE CHILDREN LINES

These are only to be found in women (it's obvious really ). To find
these, you have to possibly get out a magnifying glass and look at the
marriage lines. If you can see any lines, and they can be very feint,
coming off at 90 degree angle to the marriage lines, count them and
this will give you your child allowance. I say child allowance, because
they indicate how many children you can safely bear, not actually how
many you'll have, although the two can be the same of course.

During our life, a few of the lines on a hand can alter, especially the
smaller ones and through experience I have found this to be the case
with the Children Lines, although not always. Often when a woman has
passed child bearing years her children lines can disappear. ( Now, how
many mothers have wished their children could disappear at times ).

Anyhow, that's enough of all this emotional girlie stuff for the moment,
I'm going to get down to some none soppy lines.
Chapter Six

THE LINES - Fate, Success, Health & Travel
( none soppy)

Where am I going in life, will I be successful, will I travel and will I be healthy? Questions that a palmist gets asked every working day, and of course being a palmist, he can tell you!

THE FATE LINE

Usually this runs up the centre of the hand, starting around the base of the hand. I say usually, because there can be many variations here...some subjects can have no fate line at all, whilst others may start at various points. Very often a fate line will not start until half way up the hand, and in such cases it is not unusual for that person, to be a self made man. Much like the heart line, with the fate line, you can also work out approximate timings of events.

The line itself governs work and career, and through experience, I have found that if the line is long and crosses both Head and Heart line, they will be a person who will work for most of their lives, and usually won't stop, even for retirement...they'll ask to stay on, or get another job!

It really indicates a person who has to be active, whether it's working for a living, voluntary work, or making the most of retirement and having plenty to do.

I've got a long Fate line..drat it! I had visions of lazing about on some Floridian beach as the years progressed...mind you thinking about it, I'll probably be working on the beach giving Palm readings...having a permanent holiday and being paid for it. Now there's a thought!

Enough of this daydreaming, lets get to it. If the line is erratic at times i.e. zigs and zags,( fig.17) this is usually a good indication that the person will embark on some study course for a year or so. Therefore it will come as no surprise to you that students at College & University often have the zig zag pattern near the start of the line. ( towards the base of the hand ).

If at some point the line veers off, this is a strong indication of a change of career. Notice I have said career and not job. This is because you can move to another company doing a similar job and no mark is shown on the hand for this. Career is defined as doing something completely different from what has been done before...you can be a plumber one minute and managing a plumbing firm the next...now this is different, you're no longer doing the plumbing, you're now managing. See what I'm trying to say here? (oooh my brains beginning to hurt with all these complicated explanations).

If the line is deep and long, this is indication that a person will have natural talent and will do well in his or her chosen profession. Whereas deep and short, indicates such talents will not bear the fruit that may be hoped for. The line being thin shows that in order to succeed, that person may have to labour.

Should the line carry breaks, then indication is towards, periods where the subject may take a rest from work, and/or change job often.
THE SUCCESS LINE (fig 18)

Now this is one line that is certainly not on the majority of hands. It is usually found on the famous or people who have the ability to be famed in whatever sphere of life their talents lay. Should it be a long line, this shows the person to have great talents, and at the same time make the most of them. The ultimate line though, goes well up through the Heart and Head line and shows whatever world the person moves in, they will be brilliant and acquire reputation. Should it be short, the indication is that the subject possess talents but they will not be productive of great results ( you can say that again ).

While we're on the subject of success, there is another small line that points to Notoriety. This is always to be found on the Left Hand. Look for a single line with no breaks that goes up from the heart line and joins the base of the 3rd finger. In finding such a line, here is a person who will gain some notoriety in a particular sphere of life. They may not gain any financial wealth from it, but they will be certainly well known in their field.

**NB.** the line has to be straight up from the heart line, and not at any angle, to the centre of the 3rd finger. (fig 18a)

HEALTH LINE

This line usually runs diagonally across the palm, starting (but not always), from around the base of the thumb, finishing just underneath the beginning of the Heart line.

If it does actually start on the life line, then that person could encounter heart problems (but not heart disease) at some stage in life. Most lines however, start at some distance from the life line. Many hands do not have a Health line at all, and in doing so they are rather fortunate....life indeed will be worth the living with nothing much to go wrong with them, apart from everyday chills etc......barring accidents of course, for which there is no line on a hand to foretell such happenings.

A strong line indicates a strong constitution, with the subject being able to overcome quickly any ailments that befall them. This person is apt to be very active, and will make the worlds worst patient...they haven't time to be ill, and will often work, whilst others with similar ailments take to their beds.( Now this does sound like me, stiffer upper lip, being British and not being mardy...honest ).

A weaker or short line, suggests illness may take a little longer to recover from.
RASCETTES or BRACELETS.
These are lines that cross the wrist, and are usually any number up to three.
The first Rascette, if strong and clear, will add influence to the health line, and adds confirmation of a strong constitution. If the line is weaker, then the influence is pro rata. If a line goes up, from any of the Rascettes into the fleshy part on the opposite side to the thumb, this is good indication, that the person could well live abroad for some while. A similar line rising and touching the Head line, will show a pleasant surprise in finances. Incidentally these lines can come and go.

THE TRAVEL LINES
Not everyone has these, but most do, and they are to be found coming from around the side into the palm, emanating from the lower half of the right hand side of the hand.

A multitude of these lines indicate much travelling will be done in life, although in the main through work, or many leisure trips of short duration. These can also mean many house moves in a lifetime.

Should the lines be few, but deep, then that person will be fortunate in having many trips to foreign climes of medium distance. If one or two of the lines are deep and long, then quite exotic or long distant places may be visited, and may even indicate more than just a holiday at some point, possibly living abroad for a short duration.

The rare SIMIAN LINE
This is probably the most rare of the lines a palmist will encounter. The chances of seeing it are around 1 in 6000. You will remember a little while ago we discussed the Heart and Head line. In these people these two lines, are replaced by the Simian line, a single line the goes practically all the way across the palm.

When reading this line, the explanations of both the Head and Heart line should be blended into this single line. However having this line, usually means that the person has a stubborn character, but very loyal to whatever they believe in. Loyalty is a good asset to have, however they are apt sometimes to go down with a 'sinking ship', through their stubbornness to believe any truth given to them, in relation to Love and Financial matters.
Chapter Seven

THE PSYCHIC LINES

Throughout my many years reading palms, probably the ones that surprise and intrigue people most, are the ones relating to psychic ability. As I've mentioned earlier, all of us are psychic to some degree, and the foregoing lines and marks can give us a good idea of that degree.

THE INTUITION LINE

Not all people have this line, and it is often seen in those who are Clairvoyants or Mediums. (see also Psychic Crosses in the next chapter.)

Those possessing this line, will find it curving from near the base of the wrist, to just below the beginning of the heart line, up near the little finger.

A person with the intuition line, will probably receive impressions for which they cannot account, and are given to form opinions which are accurate, though they are quite unable to give reasons for those opinions. Many people are not conscious of the possession of such faculties, but with this marking they feel things, though why they do so, they are unable to say.

In fact if you come across a hand with the intuition line upon it, have a look at the shape of the hand. If it is square in appearance, the holder will usually dismiss such intuitive abilities afforded to them as 'foolish'. On the other hand (I must stop saying that) if a hand is long, with long fingers and pointed tips, that person is usually strongly psychic, having premonition dreams and visions, and often will delve into matters of the psychic and esoteric law.

A deep line shows the greatest amount of intuition, whilst a weak or broken one affords limited effectiveness.

THE PSYCHIC CROSSES

Not everyone possesses a cross, whilst others can have a multitude of them. In itself a cross denotes an above average psychic ability, in one direction or another. It is important where the cross is placed, because this will point a person in the psychic direction where they would excel at, should they wish to develop the ability. I shall explain these positions shortly.

In general though, as I've mentioned, any cross shows an above average ability, and larger the better. During my Tours I get asked many question, one of the favourites being, how can one develop psychic abilities.

In reality it's not an easy question to answer, but there are two favourite methods. One is to join a Spiritualist Church. Usually the larger churches, have development classes two or three times a week, maybe one for Healing, one for Mediumship and one for Clairvoyance. The smaller churches usually have one class a week covering all the subjects. Go along to your local church, usually they're only too pleased to welcome you, and for the money it costs you on the collection plate, you're able to develop among like minds.

Some of you may not agree with a church atmosphere, If this is the case, buy one of the monthly Psychic magazines available at main newsagents. ( 'Prediction Magazine' is a good one, as is 'Spirit and Destiny').
Most of the magazines will list courses, and also Holistic Societies. These societies follow the esoteric side of things and they usually know of a group near you, if they haven't got a branch that is near by.

Now to the position of those crosses (fig.20):

If a cross is placed towards the left of the hand, this is known as a Mediumship cross, and affords the holder and above average ability in that direction should they wish to develop it. Without development they are apt to be able to sense things around them and pick up 'atmospheres' easily.

A cross placed around the middle of the hand is the Clairvoyant cross. Such subjects are likely to be very intuitive, have dreams and premonitions that occur, expect things like phone calls minutes before they happen and know who it'll be. They may even be able know what an unopened letter says and who its from. (Mind you, I'm pretty good at that, I can tell the contents of any brown envelope immediately. So can my Yorkshire terrier, Mystic Mick The Psychic Wonder Dog, he usually tries to attack the postman for delivering it).

Anyhow, if you have this cross you can develop Clairvoyance should you wish to do so, and become very adept at it.

A cross that's placed on the right side is a Healing Cross, and usually accompanies a person with a compassionate nature.

Should they wish to develop, then hands on healing and the like, would be tailor made for them.

This cross incidentally, is found extensively in those who work in caring professions...Doctors, Nurses, Care workers, Social workers, Therapists etc. Should anyone one be looking for occupations and they have a healing cross, now you know in which direction to point them!

In the case of those of you who have all three crosses and maybe more, come and see me, I'll give you a job on one of our Psychic shows. If you have all three crosses and the line of intuition, and a long hand, don't come and see me, 'cos you're likely to outshine me!
Chapter Eight

THE MOUNTS

Through experience when reading a palm, I have not bothered too much about the Mounts, having picked up all the information I need from the lines and shape. However, many palmists lay great store by these mounts, and because after all this book is about palmistry, they do need a mention and can add to the overall picture of a person's character.

The Mounts are fleshy domes situated on the palm, numbering seven in all. (Mars 'a' & 'b' counting as one). They show qualities appertaining to that person. The more fleshy and firm a Mount, the more those qualities stand out.

The first aim when examining them is to find which is the strongest or most fleshy one; for this will be the one giving the main characteristics to that subject. Lesser ones will be taken pro rata, and if there's hardly any flesh to a particular Mount at all, just forget the qualities to that Mount altogether!

Outlined in figure 19 are the aforementioned Mounts, and we'll take the main characteristics of each one in turn:

MERCURY

Usually indicating a person of medium height, neat in appearance and expressive in character. He is the probably the most active of all types, and as a rule will retain a youthful look in old age (drat him).

A person who enjoys debate or argument, aided by a quick mind, he will also be shrewd in business. Fond of children, they are enjoy home life, are versatile and often try a variety of occupations.

SUN

An affable type, his easy going attitude attracts many friends and acquaintances and will not be one to harbour resentments. As a rule they are healthy and happy, with a strong artistic trait, while at the same time possessing a good business head.

Adaptable to most situations, they look to the bright side of life, and will inspire others to do so as well. However they can have a fierce temper when aroused, but this dissipates quickly. They like to please others, and on occasion will do so, sometimes at their own cost.
SATURN
The Saturn subject is a peculiar person. Prudent and wise, they can be rather particular even with the trifles of life. Not a person to be over social, his views can be of a gloomy variety, a doubter and at times rather cynical.
They usually don't rush into marriage, preferring to test the waters for some some time before doing so. Self reliant and independent they usually don't care for the opinions of others,(sounds a bit of a party pooper to me).
On the plus side, they make for ardent students (wow) and will probably be interested in the occults,(and this is the plus side!).

JUPITER
An ambitious person they are usually the ones that are the leaders amongst men. They are found in all walks of life, often in the army, politics or the church. This type of person is a good and strong one, with a love of nature and love of ceremony.

MARS
There are in actual fact two mounts, either or both can be predominant, giving the subject an ability to command. They are usually full of self control with courage and a strong resolve on matters they believe in.
Persistent, they rebuke any attempts to push them back or impose upon them. These mounts are influenced by the Plain of Mars. If crossed with many fine lines or well developed, the plain indicates the presence of a sudden temper (sounds like my ex wife).

In almost all hands, some Martian development is to be found, however in the rare case there is no development, here you have a person who is easily discouraged, and no matter what talent or gift they possess, they will often struggle for existence.

MOON
To a greater or lesser degree some development is found in all subjects; though not often seen at its fullest. If it forms a well defined bulge, this is well developed, should it be thick and forms a large pad on the palm, this is very well developed.
A little peculiar, a well developed Moon subject is often a person who is apt to be a dreamer and builds 'castles in the air', conceiving great plans that usually have no practicality. They have a restless air about them and frequently become great travellers, or on a more mundane scale will probably move house many times!
Influenced by signs and omens, they are usually superstitious and apt to be rather fickle. Often, they possess gifts towards composing or writing.

VENUS
Not schemers for money making or cheating in business, the Venusian is usually of a happy, healthy, musical and joyous nature.
Honest and truthful, Venus stands for love, sympathy and generosity. The love of music is strong, and where the Mount of the Moon is also well developed, here is a person can be an accomplished musician as well as appreciating it.
Coupled with a loving nature and a desire to care for his fellow man, this Goody Two Shoes Venusian is probably a good place to end this book, before I sink down into utter emotional sloppiness and pewk!
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